

Presentation Title: Promoting Physical Activity After Cancer

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Description:

Patients who have been treated for cancer are exposed to various treatment-related sequelae, increased risk for other diseases such as cardiovascular disease, obesity, hypertension, and increased risk of recurrence or new cancers. There have been various efforts to explore the role of physical activity during cancer treatments and post-treatment, and its potential benefits. This presentation will focus on research in the recovery phase of cancer treatments. Issues such as establishing interdisciplinary collaboration, patient safety, and addressing challenges in recruitment and retention of participants in intervention trials will be discussed.

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References:

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Demark-Wahnefried, W., Aziz, N., Rowland, J. & Pinto, B. M. (2005). Riding the crest of the teachable moment: Promoting long-term health after the diagnosis of cancer. *Journal of Clinical Oncology* 23:5814–5830.